WHAT PARENTS CAN DO
• Stay calm and work in partnership with the school - *Behaviours take time to change!*
• Listen sympathetically to your child, show concern and support and don’t jump to conclusions
• Recognise that learning how to manage disagreements constructively will promote resilience and self esteem
• Discuss ways that your child can react to a situation; practise saying firmly, ‘STOP IT! I DON’T LIKE IT’ and walking away
• Help your child prepare responses to taunts through humorous and clever responses
• Explain that crying or getting upset only encourages the bullying and, in the short term, pretending to be not affected can be very powerful
• Work with the school to solve the problem and make an appointment with your child’s teacher
• Avoid contact with parents of other students involved *Remember, if you weren’t aware that your child was being bullied, then perhaps your child’s teachers did not know about it either.*

WHAT STUDENTS CAN DO IF THEY ARE AWARE OF BULLYING
• If you see bullying taking place report it immediately to staff
• If a friend is bullying tell that person it is not acceptable
• Remember, by doing nothing, by association you are becoming part of the problem

DEVELOPING RESILIENCY IN YOUR CHILD
• Teach your child to be assertive rather than aggressive or passive eg using “I” statements
• Keep communication lines open
• Encourage your child to share information about school
• Teach your child protective behaviours to stay safe re cyber bullying eg MSN, Facebook
• Involve your child in hobbies, sports and group activities
• Encourage your child to have friends over
• Praise your child frequently and acknowledge their strengths and achievements

• Empower your child to have social responsibility to develop confidence and belief in their own abilities and a positive attitude to life and its challenges
• Teach your child to resolve conflicts in a non-violent way

OUR SHARED CORE VALUES

Valuing self and others
*Policy for the prevention of bullying*

At Wembley Primary School we aim to develop students who are confident, positive in developing meaningful relationships and have an understanding that each individual is different.

As educators in partnership with parents, our greatest aspiration is that our students will grow up to be happy, successful and caring adults.

Explicit teaching and learning supports a school culture that develops resilient students who uphold the core shared values of Wembley Primary School.

Staff, students and parents share the responsibility for a safe and supportive learning environment free from bullying.
WHAT IS BULLYING

Bullying is when an individual or group misuses power to target another individual or group to intentionally threaten or harm them on more than one occasion. This may involve: verbal eg put downs, swearing; emotional eg threats, threatening gestures; relational eg excluding, spreading rumours; physical eg pinching, damaging personal property; bystanders eg witnesses to bullying; cyber eg text messages.

BULLYING IS NOT

Bullying is not social rejection or dislike unless it is a repeated act and directed to a specific person.

Bullying is not a situation where there is a mutual conflict ie. a balance of power where students are both upset and usually want a resolution to the problem.

Single episodes of nastiness or meanness or random acts of aggression or intimidation are not bullying.

BULLYING RESOLUTION PROCESS

Each case of bullying is treated on an individual basis. The level of response is considered carefully. We facilitate the ‘Shared Concerns and Group Support Approaches’ to reach a resolution and develop positive and appropriate ways for students to interact with one another. The aim of this approach is to support and empower both the victim and the bully to take responsibility and change their behaviours. If further inappropriate behaviour continues, then more serious consequences will occur.

STRATEGIES FOR PREVENTING BULLYING

To build resilient students and a culture of inclusion, we focus on:

• Explicit teaching of Social Skills
• Restorative Justice
• Preventative Bullying K-7 Program
• Values Programs: eg You Can Do It – K/P
• Wembley CARES
• Pastoral care staff
• Acknowledgment of responsible behaviour
• Positive staff/student rapport
• Buddy systems

RESPONSE TO BULLYING

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RIGHTS

• To feel safe
• To learn in a supportive environment
• To be treated with respect
• To be accepted by others
• To be a valued member of the Wembley School Community

RESPONSIBILITIES

• To cooperate and interact positively with others
• To actively engage in the learning process
• To show respect for self, others and property
• To understand and accept each person as an individual
• To uphold the values of the Wembley School Community

WHAT STUDENTS CAN DO

• Establish a support network of friends
• Talk to a teacher and your parents
• Develop assertive rather than aggressive behaviour; stand up straight and look the bully right in the eyes
• Remember, responding aggressively only results in escalating the situation
• Use positive self talk, ‘It’s their problem not mine’

Sometimes agreeing or humour can put the bully off